Height conversion chart: cm to feet and inches

Every centimetre from 140 to 210 cm. 1 inch = 2.54 cm. Feet and inches rounded to 0.1 in.

cm	m	Feet & inches	Inches
140	1.40	4 ft 7.1 in	55.1
141	1.41	4 ft 7.5 in	55.5
142	1.42	4 ft 7.9 in	55.9
143	1.43	4 ft 8.3 in	56.3
144	1.44	4 ft 8.7 in	56.7
145	1.45	4 ft 9.1 in	57.1
146	1.46	4 ft 9.5 in	57.5
147	1.47	4 ft 9.9 in	57.9
148	1.48	4 ft 10.3 in	58.3
149	1.49	4 ft 10.7 in	58.7
150	1.50	4 ft 11.1 in	59.1
151	1.51	4 ft 11.4 in	59.4
152	1.52	4 ft 11.8 in	59.8
153	1.53	5 ft 0.2 in	60.2
154	1.54	5 ft 0.6 in	60.6
155	1.55	5 ft 1 in	61.0
156	1.56	5 ft 1.4 in	61.4
157	1.57	5 ft 1.8 in	61.8
158	1.58	5 ft 2.2 in	62.2
159	1.59	5 ft 2.6 in	62.6
160	1.60	5 ft 3 in	63.0
161	1.61	5 ft 3.4 in	63.4
162	1.62	5 ft 3.8 in	63.8
163	1.63	5 ft 4.2 in	64.2
164	1.64	5 ft 4.6 in	64.6
165	1.65	5 ft 5 in	65.0
166	1.66	5 ft 5.4 in	65.4
167	1.67	5 ft 5.7 in	65.7
168	1.68	5 ft 6.1 in	66.1
169	1.69	5 ft 6.5 in	66.5
170	1.70	5 ft 6.9 in	66.9
171	1.71	5 ft 7.3 in	67.3
172	1.72	5 ft 7.7 in	67.7
173	1.73	5 ft 8.1 in	68.1
174	1.74	5 ft 8.5 in	68.5
175	1.75	5 ft 8.9 in	68.9
176	1.76	5 ft 9.3 in	69.3
177	1.77	5 ft 9.7 in	69.7
178	1.78	5 ft 10.1 in	70.1
179	1.79	5 ft 10.5 in	70.5
180	1.80	5 ft 10.9 in	70.9
181	1.81	5 ft 11.3 in	71.3
182	1.82	5 ft 11.7 in	71.7
183	1.83	6 ft 0 in	72.0
184	1.84	6 ft 0.4 in	72.4
185	1.85	6 ft 0.8 in	72.8
186	1.86	6 ft 1.2 in	73.2
187	1.87	6 ft 1.6 in	73.6
188	1.88	6 ft 2 in	74.0
189	1.89	6 ft 2.4 in	74.4
190	1.90	6 ft 2.8 in	74.8
191	1.91	6 ft 3.2 in	75.2
192	1.92	6 ft 3.6 in	75.6
193	1.93	6 ft 4 in	76.0
194	1.94	6 ft 4.4 in	76.4
195	1.95	6 ft 4.8 in	76.8
196	1.96	6 ft 5.2 in	77.2
197	1.97	6 ft 5.6 in	77.6
198	1.98	6 ft 6 in	78.0
199	1.99	6 ft 6.3 in	78.3
200	2.00	6 ft 6.7 in	78.7
201	2.01	6 ft 7.1 in	79.1
202	2.02	6 ft 7.5 in	79.5
203	2.03	6 ft 7.9 in	79.9
204	2.04	6 ft 8.3 in	80.3
205	2.05	6 ft 8.7 in	80.7
206	2.06	6 ft 9.1 in	81.1
207	2.07	6 ft 9.5 in	81.5
208	2.08	6 ft 9.9 in	81.9
209	2.09	6 ft 10.3 in	82.3
210	2.10	6 ft 10.7 in	82.7

Feet and inches to cm

Find the feet on the left and the inches along the top. Values in centimetres.

Feet	+0 in	+1 in	+2 in	+3 in	+4 in	+5 in	+6 in	+7 in	+8 in	+9 in	+10 in	+11 in
4 ft	121.9	124.5	127.0	129.5	132.1	134.6	137.2	139.7	142.2	144.8	147.3	149.9
5 ft	152.4	154.9	157.5	160.0	162.6	165.1	167.6	170.2	172.7	175.3	177.8	180.3
6 ft	182.9	185.4	188.0	190.5	193.0	195.6	198.1	200.7	203.2	205.7	208.3	210.8
7 ft	213.4	215.9	218.4	221.0	223.5	226.1	228.6	231.1	233.7	236.2	238.8	241.3

Popular heights

Feet & inches	Centimetres	Metres
4'8"	142.2	1.42
4'9"	144.8	1.45
4'10"	147.3	1.47
4'11"	149.9	1.5
5'0"	152.4	1.52
5'1"	154.9	1.55
5'2"	157.5	1.57
5'3"	160.0	1.6
5'4"	162.6	1.63
5'5"	165.1	1.65
5'6"	167.6	1.68
5'7"	170.2	1.7
5'8"	172.7	1.73
5'9"	175.3	1.75
5'10"	177.8	1.78
5'11"	180.3	1.8
6'0"	182.9	1.83
6'1"	185.4	1.85
6'2"	188.0	1.88
6'3"	190.5	1.91
6'4"	193.0	1.93